

## Product information

### Multivitamin Complex

Research shows that people with a busy and active life have a higher nutrient need. The experts of Vitamin store have therefore developed a multivitamin/mineral supplement that takes into account the physical and mental efforts of active people: the Multi Vitamins Complex.

The Multivitamin and mineral formula of Vitamin store uses the best absorbable, natural compounds in effective orthomolecular doses. The vitamins and minerals work closely together. The orthomolecular nutrition keeps daily doses to those the body organs, tissues and cells, the optimal function. A good daily multivitamin complex to swallow by the immune system supported is fatigue countered and make you feel fit again.

### Vitamin C 1000 mg

Vitamin C plays an important role in the immune system and contributes to protecting the body against free radicals. It has especially in high dosages a beneficial effect on health.

Vitamin C is one of the most important micro-nutrients for health. Vitamin C is important for the normal formation and maintenance of collagen, the main construction material for connective tissue. In addition, C an important antioxidant that protects cells against free radicals.

Vitamin C Vitamin store is dosed at 1000 mg per tablet and supplemented with Bioflavonoids. Bioflavonoids are plant pigments naturally present in fruit and vegetables.

### Natural Fish Oil

Fish oil 1000 mg of fish oil-VitaminHealth is a preparation with a high concentration of EPA and DHA, essential for a healthy body.

The important omega 3 fatty acids in fish oil consist of EPA (Eicosapentaenoic Acid) and DHA (Docosahexaenoic acid). These fatty acids support, at an intake of at least 250 mg per day, a normal functioning of the heart. DHA also helps to a normal functioning of brain function and vision.

## Main Ingredient

Multivitamin, Vitamin C, Natural Fish Oil.

## Detail Ingredient

See individual product page recommended s:

Multivitamin

Vitamin C1000

Fish Oil

### Usage

#### **Multivitamin Complex**

Take 1 tablet daily at breakfast. Under a heavy load of the body, take 1 tablet extra at lunch or at dinner.

#### **Vitamin C 1000 mg**

Take 1 tablet. Tablet with the meal with water, swallow it whole. Under a heavy load of the body, take 2 tablets 1 tablet 1 tablet at breakfast and with dinner.

#### **Natural Fish Oil**

1 softgel daily with a meal.

### **This product is available in these units**

1 pakket a € 15,95

### **Customer Service**

Vitaminstore Online B.V.

<http://www.vitaminstore1.com>

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