

Super Magnesium

Relaxes muscles and nerves!

Product information

Magnesium is an essential mineral that is responsible for countless of processes within the body, like the production and storage of energy, and the tensing and relaxing of muscle cells.

Magnesium slows down the absorption of calcium in the muscle tissue of the blood vessels, which helps to relax the muscles and keeps the blood pressure normal. This is how magnesium supports the cardiovascular system.

Magnesium is necessary for the energy metabolism of the body, as well as for the transmission of nerve impulses and the functioning of the muscles. Magnesium helps to build the skeleton and the muscles.

Super Magnesium is a blend of highly absorbable magnesium compounds and it does not need digestive activity in order to be absorbed. The blend also contains extra vitamin B6, due to its synergistic effect with magnesium.

Main Ingredient

Vitamin B6 & Magnesium

Detail Ingredient

Daily dosage (2 tablets):

Vitamin B6 25 mg 1250% ADH

Magnesium 200 mg 67% RDA

(magnesiumcitrate, taurate, glucinate, malate, and succinate)

* Recommended Daily Amount

Ingredients:

Vitamin (pyridoxine HCL), magnesium (as citrate, taurinate, malate, glycinate, succinate), fillers (dicalcium phosphate, microcrystalline cellulose), glazing agent (natriumcrosscarmellose, magnesium stearate), stabilizer (silicon dioxide), pigment (titanium dioxide).

Usage

Take 2 tablets daily with a meal or right before bed. Take with sufficient water and swallow the tablet whole.

Warning

A healthy lifestyle is important, as well as a varied and balanced diet for which supplements are

not a substitute. Keep out of reach of young children. Do not exceed the recommended daily allowance Store in a cool, dry and closed place. When pregnant or breastfeeding consult your doctor, pharmacist or medical professional before use.

This product is available in these units

ACTIE: 2 x 120 tabletten a € 51,90

Customer Service

Vitaminstore Online B.V.

<http://www.vitaminstore1.com>

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